ACPAT Newsletter
Summer 2019
By Rachel Cartwright
Course Reviews

I attended the Equitation Science International 10 year Conference with Dr Andrew McLean where equine learning theory, principles of equitation science and it’s application to ridden and in hand work was presented. It discussed the progress in knowledge over the past 10 years and the vision for the future. Lindsay Wilcox Reed also presented the practical application of Franklin Balls on the Sunday which gave a great insight into how these balls are being used in practice by many different practitioners. My motivation to go was primarily to help me with starting my youngster but in fact has given me an extra dimension to my clinical practice. Next year the conference will be held on 8th-9th August when Dr McLean, along with other presenters will discuss “The Happy Athlete” and how we can develop positive mental states, resilience and Brave Change. I would highly recommend this conference. - Fiona Taylor, ACPAT A

Canine Splinting with Di Masum at Davies Vet Clinic — As a physiotherapist working in a veterinary referral practice I had previously had a go at making the odd splint with varying results. Di’s splinting course was perfect for me because it provided an overview of the range of graded orthoses as well as some of the background literature and since the course I have successfully re-designed some splints for a challenging case requiring light weight but sturdy thermoplastic splints. The course provided information about fore limb and hind limb splints and the practicalities of creating them and I picked up some great tips for working with different linings and thermoplast! We had time to make each splint but the course went very quickly and I would happily attend further training if it was available. — Hannah Carmichael, ACPAT A

Upcoming Courses

Equine Exercise Prescription & Progression with Jo Paul—12-13th October, South Lanarkshire ML9 1RB. £270. Limited spaces left, please contact: hazel.potter@thevetphysio.co.uk

Canine Splinting—24th September

Canine Neuro Rehab—29 September, Norfolk

Canine exercise prescription—19th October

THERE WILL BE NO ACPAT SEMINAR IN 2020 DUE TO IAVRPT! Hope you can make it to Cambridge
ACPAT clothing now available!
Polo shirt £9.95
Fleece £17.65
Gilet £32.15
Individual names can be added if required at an additional cost of £8 per item.
Orders should be placed directly with Bequestrian via email to info@bequestrian.uk. They need enough orders to cover set up costs so the individual orders will be collated. To facilitate this all orders please be submitted by 20th September. Individual invoices will then be sent out by email with payment on return requested. Once all payments have been received the job will be run and deliveries will take a couple of weeks.
Bequestrian produce high quality equestrian clothing and I hope you agree that all three items look very smart and will help to promote our profession and ACPAT. Please see the email that went out for sizing.

ACPAT NEEDS YOU!
London Vet Show 14-15th Nov 2019— We have plenty of volunteers for the stand but now have an opportunity to do a presentation to delegates about what we do. Ideally this will be both large and small animal based and will promote the benefits of physio and obviously ACPAT. It would also be a great opportunity to promote the 2020 symposium. There are several one hour slots available on both days. If anyone is interested in promoting us on either day then please let me know ASAP. Needless to say this is a great opportunity to promote both ACPAT and physiotherapy to the veterinary world. THANK YOU!

ACPAT Discount Codes 2019
Trimbio: consumables ACPAT10
Devices/capital ACPAT5
Mad Duck clothing: ACPAT
Vetkin Tape: ACPAT COUPON
KVP Rehab Range: ACPATKVP2019L
Did you see the recent edition of Horse and Hound? It featured our ACPAT A member Susie Grady, a great piece promoting our wonderful profession and ex-racehorses, well done Susie!

**Latest Research**

**A retrospective study of canine cervical disk herniation and the beneficial effects of rehabilitation therapy after ventral slot decompression**

*Veterinarni Medicina, 64, 2019 (06): 251–259*


- Results suggest that physiotherapeutic rehabilitation following ventral slot decompression surgery may increase recovery rate and that recovery rate also depends on the preclinical pathologic condition.
- The success rate improves when the preoperative pathological condition is severe.
- This study showed that the most commonly affected breed is Shih Tzu and the most commonly affected site is C3-C4.

**Effects of Equine EDF Taping on Wound Healing and Edema Control After Surgical Castration in Stallions**

*International Journal of Advances in Medical Sciences 2018| Vol.3| Issue 2 |01-08*


- KT EDF (Epidermis-Dermis-Fascia) method applied to scrotal area postoperatively had positive effects on wound healing, oedema and pain control.

**Equine Exercise in Younger and Older Adults: Simulated Versus Real Horseback Riding**

*Perceptual and Motor Skills 2018, Vol. 125(1) 93–108*

https://journals.sagepub.com/doi/pdf/10.1177/0031521517736463

- Stimulated horseback riding can be an effective alternative to actual riding for increasing trunk and thigh muscle activation and improving postural control and balance, perhaps especially among older adults.